# Tropical islands

### **Isolated World**

Distant islands are homes for unusual plants and animals. Some are extinct everywhere else, others evolve into strange life forms. All are irreplaceable.

Protected species include the extraordinary Coco de Mer from the Seychelles. Its seeds, the largest in the world, look like bottoms. Unlike coconuts they die in salt water and have also been overharvested, both as trophies and for their perceived aphrodisiac qualities.

Now every seed is registered and numbered. The Seychelles Government kindly donated a seed to Eden which is now growing here in the Biome.

Koko-d-mer, Coco de Mer

Lodoicea maldivica

SE CHE

Unusual plants come from distant islands.

# West Africa

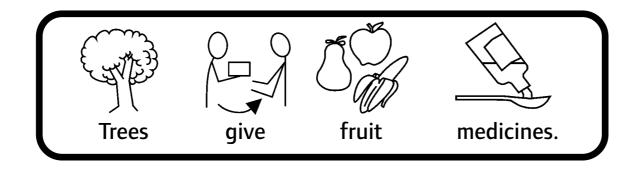
## Penjaw

A typical West African farm, where fields are cleared from high forest.

Selected trees are left to provide fruits, spices, medicines and soil fertility. Leguminous trees make their own nitrogen fertilizer.

Shade-loving coffee and cocoa grow beneath the useful trees.





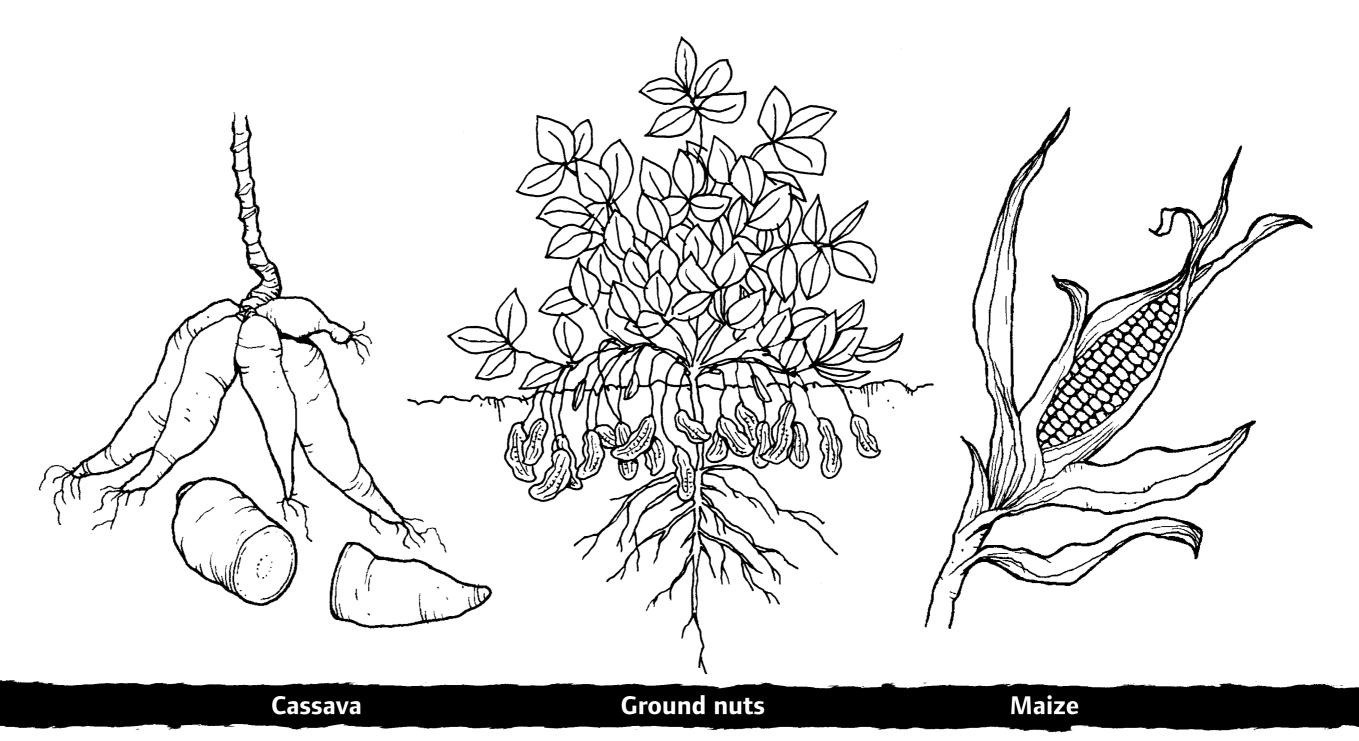
# West Africa

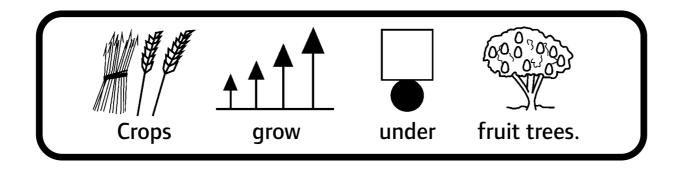
## The chop farm

The first stage of forest land clearance for farming.

Light-loving crops are grown to eat and sell alongside useful trees such as pawpaw and mango.

The maize, ground nuts, cow peas, yams and cassava provide the eight essential amino acids which are vital for a balanced diet and good health.





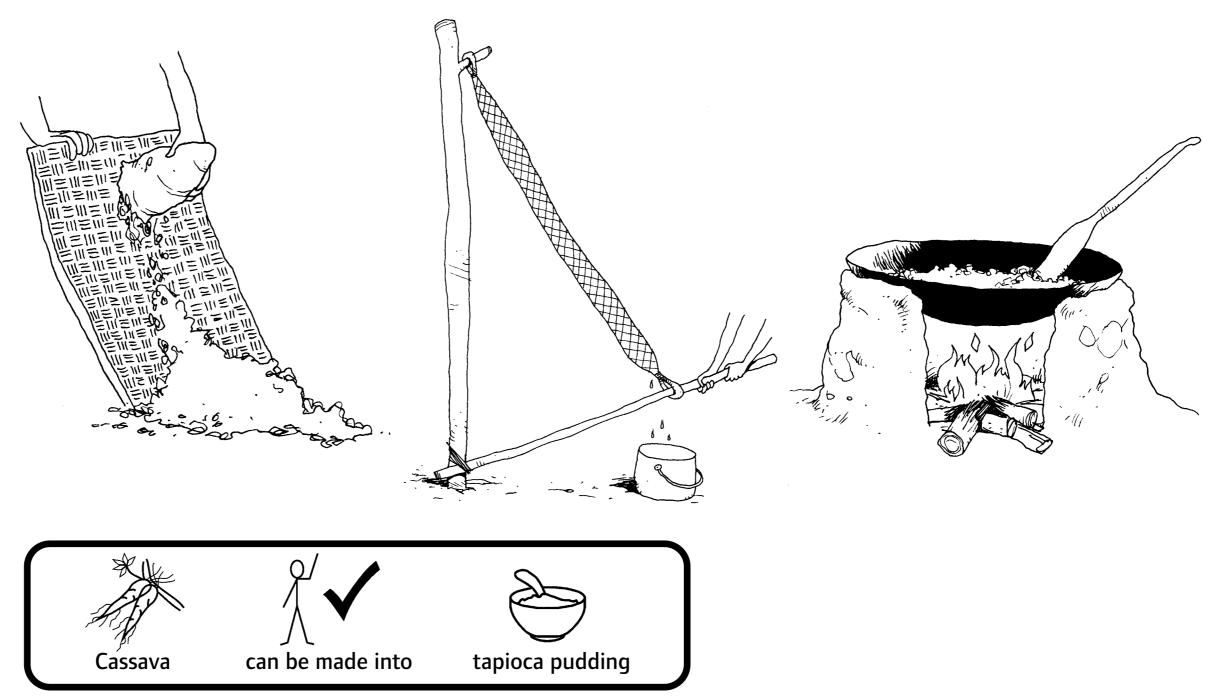
# Tropical South America

### Casa de Manioc (the cassava house)

If you've eaten tapioca pudding you've tasted cassava. In the Amazon basin, cassava (manioc) is also made into bread and farinha (a fried dish).

Cassava tubers contain cyanide so require processing:

- Soak, peel and grate
- Squeeze pulp in a tipiti to remove toxins/excess moisture and rinse the starchy residue that strains out to make tapioca
- Sieve and toast the press contents to make flour



# Tropical South America

### **Wild Harvest**

People use the tropical forest as a natural garden, collecting wild plants for food, fuel, medicine and materials.

#### Look out for:

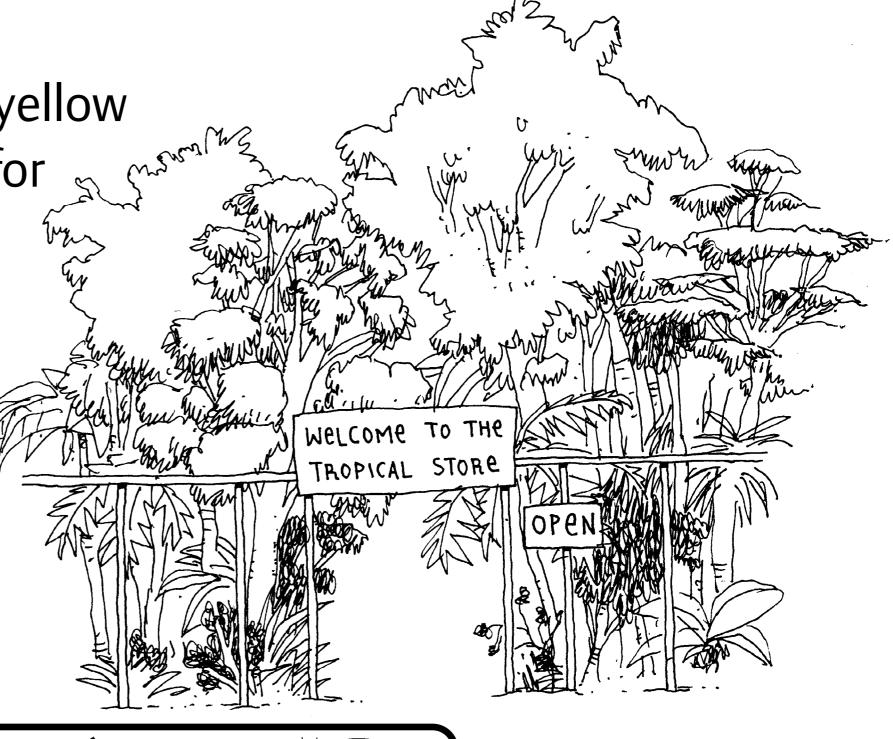
Inga edulis, Inga – for fruit and timber

Attalea sp., Maripa, the thatch palm

for covering roofs

Tabebuia spp., the yellow or pink poui trees, for bees and honey

Myths and stories help to keep the knowledge alive in the local cultures and the plants alive in the forests.













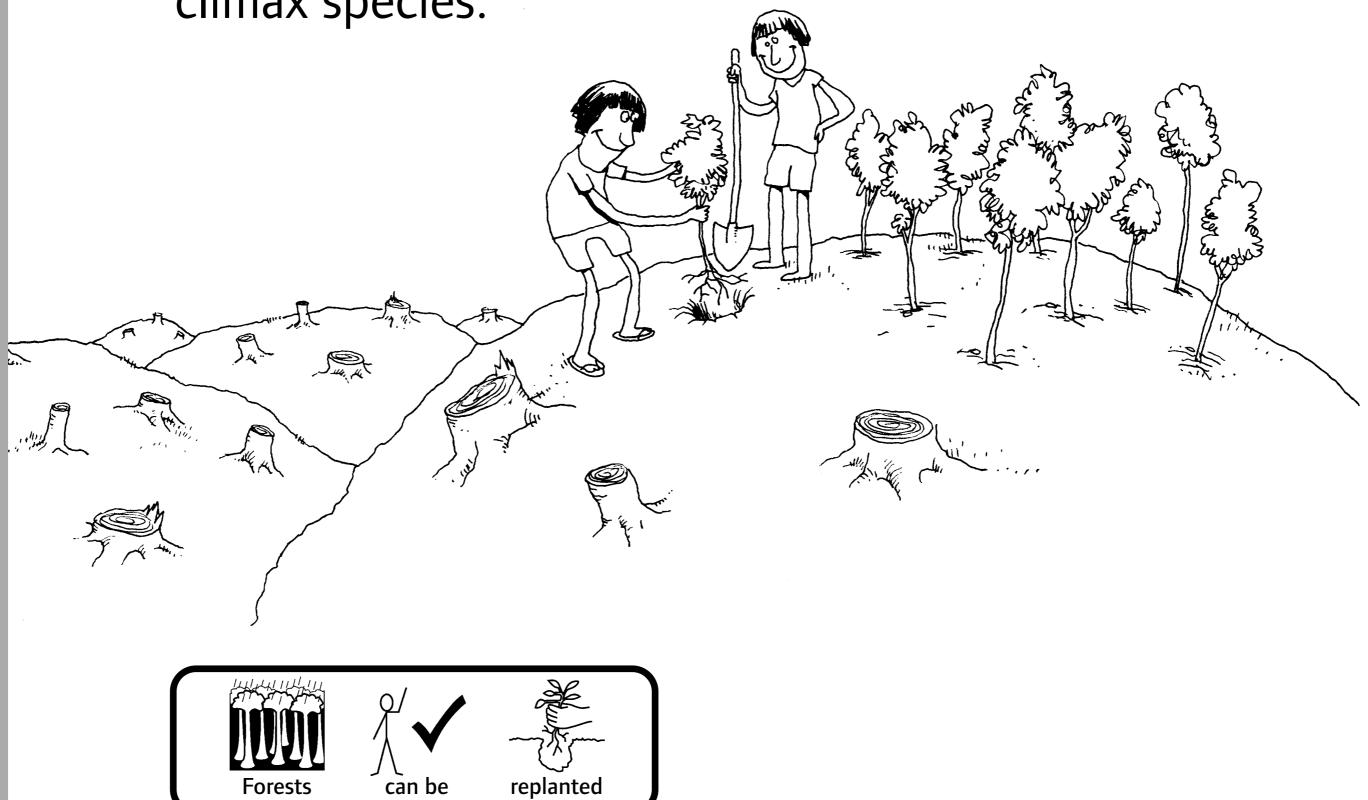


# Regrowing the forest

### ... the regeneration game

We lose a football pitch (0.6ha) of rainforest every 1.5 seconds (FAO 1990-2000). Can the problem be fixed? One solution is to regenerate, replant and manage.

Local people are teaming up with conservation projects to create tree nurseries. They then plant pioneer trees which grow quickly, suppress weeds and attract birds and other creatures that bring in new tree seeds, and nurture timber tree climax species.



# Regrowing the forest

## An Eden collaborative project

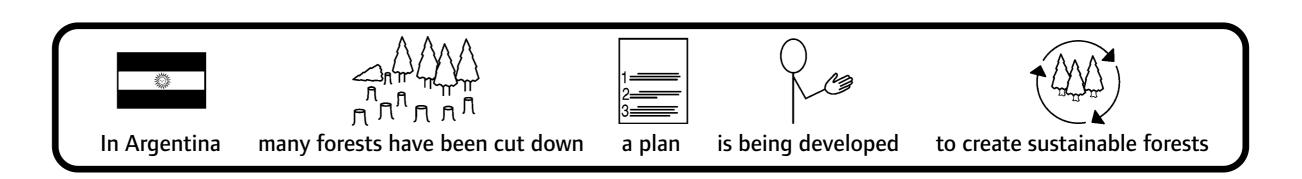
# The Darwin Project to help protect fragile forests in Argentina

The Darwin Initiative is funding Eden to help conserve the forests of Misiones, a threatened remnant of the Atlantic sub-tropical rainforests of S. America, by developing a sustainable management plan for the Yaboti Biosphere Reserve. Logging and intensive agriculture have

left only 5% of this global biodiversity hotspot, which is also critical for the survival and culture of

the local Guarani people.

www.edenproject.com/darwinargentina



# Regrowing the forest

## An Eden Project project

### The Forest Restoration Research Unit (FORRU)

FORRU, initiated by Chiang Mai University in north-west Thailand, restores biodiversity-rich forests in denuded sites in conservation areas and runs training programmes so that the techniques developed can be used elsewhere.

Eden supports 12 community tree nurseries where local people and scientists are working together to learn how to re-grow the forest. Eden also supports the FORRU education programme.

