

LOST LANDS OF THE INCA

AN EXPLORATION OF PERU, MACHU PICCHU & THE AMAZON

MAY 4 TO 17, 2013

\$3,865 LAND COST + \$1,850 ESTIM. INTERNATIONAL & REGIONAL AIRFARE*



PRESENTED BY



Minnesota Landscape
ARBORETUM



BGCI
Plants for the Planet

The Minnesota Landscape Arboretum and Botanic Gardens Conservation International in conjunction with Knowmad Adventures is proud to announce an incredible group trip "Lost Lands of the Inca: An Exploration of Peru, Machu Picchu and the Amazon." This 14-day trip will highlight the incredible landscapes and gardens of Peru, visit both the lesser-known and the iconic archeological marvels of the Inca and pre-Inca including Machu Picchu, get you close to the land's indigenous cultures and people, and journey to a spectacular lodge deep in the Amazon to discover its abundant flora and fauna.

HIGHLIGHTS OF THE TRIP

- See the sites and gardens of Lima, Peru's capital city
- Experience a variety of vibrant indigenous Andean cultures
- Ride the rails in a historic train-car along the ancient Inca Trail
- Explore the famed Lost City of Machu Picchu and the Sun Gate
- Wander the legendary Incan ruins of Sacsayhuaman, lesser-known Pisac ruins, and see the Ollantayambo ruins.
- Meander the cobblestone streets and bustling markets of Cusco
- Learn to cook delicious Peruvian dishes
- Get hands on with a remote indigenous community, experience their ancient farming techniques, and share a meal.
- Lunch in a centuries-old hacienda while relaxing in the Sacred Valley
- Experience the flora and fauna of the Amazon from a dugout canoe, walking the forest, and from a hundred feet high on a series of canopy walkways.
- Do it in style! This luxurious adventure highlights carefully selected accommodations in a variety of settings.
- Small group trip between 14 and 25 travelers
- Trip escorted by the Arboretum's Peter Olin
- \$300 tax-deductible donation to Arboretum & BGCI



DAY 1- 2 Lima

DAY 3-5 Sacred Valley of the Inca

DAY 6 Machu Picchu

DAY 7-9 Cusco

DAY 10-14 Amazon Jungle, Lima & Onward Flight Home

ITINERARY: LOST LANDS OF THE INCA—AN EXPLORATION OF PERU AND THE AMAZON

MAY 4 Depart Minneapolis, Minnesota or your hometown

A recommended flight will be supplied closer to travel time. Upon arriving likely in the evening, we will be met at the airport and transferred to your accommodations conveniently situated in the great neighborhood of Miraflores in Lima, Peru's capital city.
(No meals – Casa Andina Private Collection or similar)

MAY 5 Gardens and Sights of Lima

After breakfast we will explore Lima with a focus on its parks and gardens. We will visit Parque de las Leyendas, Lima's traditional zoo which is actually set in one of the Peruvian coast's most important pre-Hispanic archeological complexes. Their botanical garden has over 1800 species and has over 3200 individual plants. We will also visit Parque de la Exposicion with its beautiful gardens, and may visit the newly renovated Museo de Arte that's within the park. Moving on we will visit Parque El Olivar, a colonial olive tree plantation and a national monument as it houses colonial government buildings and early 20th century mansions. There will also be possible visits to Parque del Amor for views over the bay of Lima and Parque El Faro, or Lighthouse Park.

In the evening transportation will be provided for those who still have energy and would like to see Lima's nighttime fountain show.

(B, L – Casa Andina Private Collection or similar)

MAY 6 Lima - Sacred Valley

The group will be transferred to the Lima airport in the morning and we will fly approximately an hour and a half to Cusco. After a light lunch we'll head to the lower altitudes of the Sacred Valley and, depending on time, we'll visit a couple of the most interesting archeological sights outside of Cusco en route such as Sacsayhuaman fortress, Kenko and its subterranean altars, Puka Pukara fortress, and the Tambo Machay water temple.

Driving through the city and into the snow-capped Andean peaks with inspired views you descend past Chinchero village into the Sacred Valley of the Incas where you'll check in to your oasis at Sol y Luna. Take the afternoon to relax in their verdant gardens while acclimatizing to the altitude (the Sacred Valley is lower than Cusco and the perfect place to gradually acclimatize).

(B, L - Sol y Luna or similar)

MAY 7 Sacred Valley

We'll head up into the remote mountainous stretches of the Sacred Valley of the Inca to the Andes Association, a group of five distinctive Andean communities (the Sacaca, Chawaytire, Pampallaqta, Paru Paru and Amaru) formed to protect, preserve and promote the bio-cultural heritage of the Andes. Farmers of these communities have combined their individual land into one in an effort to teach and preserve indigenous farming techniques and agricultural knowledge, primarily in regards to the more than 1,200 varieties of potatoes. Our local guide will take us through their fields and past their homes. A full morning of light hiking will conclude with lunch in the community kitchen, where women from the various villages are taught cooking skills by visiting chefs from restaurants in Cuzco and the Sacred Valley as an opportunity for empowerment and a new way to earn additional income that is still tied to their heritage. Afterwards we'll visit the hilltop ruins of Pisac, before descending by van to visit the town and one of South America's most vibrant markets.

(B, L – Sol y Luna or similar)

MAY 8 Sacred Valley – Moray and Maras

Heading out early you'll arrive to the massive Inca agricultural terraces of Moray, thought to have been a nursery to experiment with and modify different varieties of crops. From here hike or go by van (depending on your preference, time, and weather) to the little-known village of Maras where villagers still harvest pre-Columbian terraced salt pans in the traditional way. Enjoy a picnic in this surreal setting before a walk down the Andes to the valley floor where you board the train



that chugs along the Urubamba River and parts of the Inca Trail towards the Amazon arriving at Machu Picchu Pueblo.

(B, L, D – El Mapi or similar)

MAY 9 Machu Picchu

Early risers can revel at the sunrise from the Machu Picchu citadel. This incredibly vast archaeological site - lost to the world until well into the twentieth century – is perched amidst Andean peaks and lush cloud forest making it one of the most breathtaking sights in the world. You'll have the opportunity to get a complete guided tour as you begin to unlock the mystery of the Inca, and also have plenty of time to wander the site on your own. Lunch at the Sanctuary Lodge adjacent to the ruins means you'll be able to enjoy the whole day without leaving awe-inspiring Machu Picchu. For a small additional cost and with enough advance notice, you can also climb the adjacent sacred peak Huayna Picchu for a bird's eye view.

(B, L, D – El Mapi or similar)

MAY 10 Ollantaytambo - Cusco

Taking the train after breakfast, you'll have time to roam through Ollantaytambo town taking in the ancient ruins towering above. Heading into the valley you'll stop to enjoy lunch at an authentic colonial-era hacienda before continuing on and arriving in the early evening to Cusco. Your accommodation is a restored colonial-era mansion surrounding a traditional courtyard with Spanish arches and fountains.

(B, L – Casa Andina Private Collection Cusco or similar)

MAY 11 Cusco Culinary Adventure

Enjoy a leisurely morning in Cusco before departing from the hotel to the food market in the early afternoon where we'll receive a briefing by our chef about local ingredients, and also have the opportunity to buy them, interacting with local producers and suppliers, a whole experiential sojourn in a traditional Andean market. You're then invited to a private culinary lesson, starting with the preparation of the famous pisco sour moving on to some main dishes. Enjoy the rest of the afternoon at your leisure.

(B, L - Casa Andina Private Collection Cusco or similar)

MAY 12 Cusco

Enjoy a relaxing day independently exploring a city where traditional Andean cultures, the colonial Spanish, and modern Peru come together in one of South America's most culturally and visually dynamic cities. Visit Incan architectural jewels such as Korikancha – the temple of the sun, shop at Andean markets, enjoy savory, wide-ranging Peruvian cuisine, and see the colonial cathedrals built atop Incan foundations around the Plaza Central.

(B - Casa Andina Private Collection Cusco or similar)

MAY 13 Cusco – Amazon Jungle

From the airport we will visit the Butterfly House where you will pack a portion of luggage into a smaller bag. We will then head to the pier and go upriver about an hour looking for monkeys and other fauna as the foliage grows more dense, until we reach the beautifully crafted private bungalows at the Reserva Amazonica Jungle Lodge and Nature Reserve.

After a brief siesta or a walk on the nature trail, we suggest taking a twilight river excursion – a guided boat ride in which you'll witness the transformation from a diurnal to a nocturnal world. Learn about their habitats while searching for nightjars, owls, capybaras and up to three different species of caiman. Following the excursion, you'll get your first taste of this lodge's incredible cuisine.

(B, L, D – Reserva Amazonica or similar)

MAY 14 Amazon Jungle

We will take a morning excursion to beat the heat and enjoy nature at its fullest. A flat hike



of about half hour takes us to Lake Sandoval where we'll glide in traditional wooden canoes across a beautiful oxbow lake home to the endangered river otter, as well as howler monkeys, red-bellied macaws, anacondas, side-neck turtles and black caimans.

After lunch back at the lodge we'll ascend the canopy walkway, a series of towers and suspension bridges nearly 100 feet up in the jungle canopy. Be on the lookout for colorful toucans, Amazonian woodpeckers, trogons, monkeys and sloths. If you wish, stay for sunset from one of the towers before returning to the lodge for a delicious dinner.

(B, L, D – Reserva Amazonica or similar)

MAY 15 Amazon Jungle

Enjoy a morning excursion to Gamitana Creek exploring the rainforest along the banks of a winding, dark-water creek home to piranha, caiman as well as abundant flora, and take a short, guided tour to see how local farmers raise fruit and vegetables before returning for lunch. Afterwards take a guided walk in the Hacienda Concepcion, with over 200 different plant species, learning about the uses and benefits of traditional tropical flora. After dinner if you're up for it there will be a guided night hike through the Inkaterra Ecological Reserve.

(B, L, D – Reserva Amazonica or similar)

MAY 16 Amazon Jungle – Lima – United States

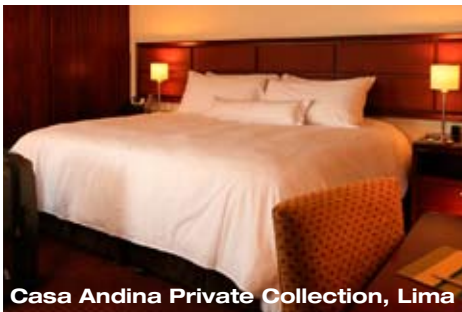
Early afternoon transfer to airport; fly Lima, and onward home on an evening flight.

(B)

MAY 17 Arrive in Minneapolis, Minnesota or your preferred destination in the morning.

ACCOMMODATION HIGHLIGHTS

*These are the preferred accommodations but are not final as this depends on the date that the trip has reached the minimum number of registered participants and is confirmed. Knowmad Adventures reserves the right to substitute similar accommodations for those listed.



COST DETAILS

\$3,865* Land Price Per Person Based on Double Occupancy (\$995 Single Supplement)

\$1,850** Estimated Airfare Costs: International = \$1,200 & Regional = \$650

*Note: As currency exchanges and fluctuations vary, this is an approximate cost, which Knowmad Adventures reserves the right to adjust. Tour price based on minimum 14 travelers. Knowmad Adventures also reserves the right to adjust this price in order to accommodate fewer registrants should there be less than 14. The maximum group size is 25.

**Knowmad Adventures will arrange your airfare within Peru and you will be invoiced based on the price at the time of booking (estimated \$650 USD). They will also assist you in arranging your international airfare but are not responsible if available flights exceed the price estimate, or you may purchase independently. Please contact Knowmad or Peter Olin prior to purchasing international airfare however to be sure your arrival and departure schedule comply with the trip.

WHAT YOUR TRIP COST INCLUDES

Pre-trip services: Trip Information Packet (contains a pack list & details about regions, weather, electricity, etc.) and personalized pre-departure support

12 nights in deluxe and boutique accommodations as indicated based on double occupancy

Professional English-speaking guides throughout

Taxes and surcharges while on the tour – 12 breakfasts, 10 lunches, 5 dinners

Local excursions as indicated

Airport transfers as indicated

Backcountry field arrangements as necessary

Ground transportation and support vehicles

Additional guides and porters as needed

Escorted by Peter Olin

A \$300 tax-deductible donation to the Arboretum & BGCI

Entrance fees and permits

Taxes and surcharges while on the tour

WHAT YOUR TRIP COST DOES NOT INCLUDE

International and domestic airfare (see estimates for airfare cost guidance)

Visa, passport, departure/arrival and excess baggage fees

Trip insurance (we strongly recommend you obtain trip insurance offered by Knowmad Adventures, including trip cancellation insurance)

Activities listed as optional and/or denoted with asterisk

Meals not indicated in the itinerary

Alcoholic beverages

Optional tipping to local guides and staff

Personal items

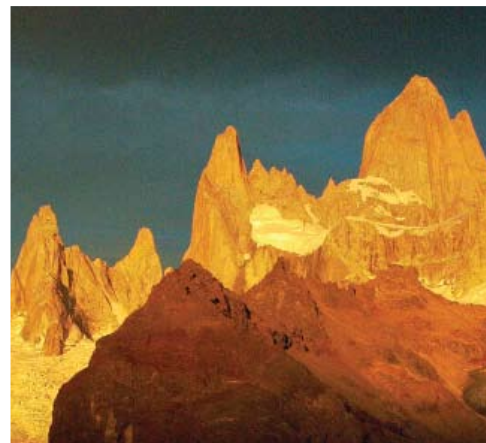
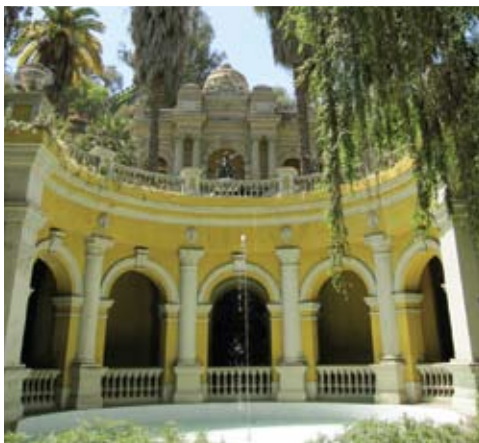
PAYMENT SCHEDULE

DUE UPON RESERVATION	\$400 deposit per traveler + total estimated Air Cost
60 DAYS PRIOR TO DEPARTURE	50% of total Land Cost
30 DAYS PRIOR TO DEPARTURE	Balance

PLEASE REFER TO REGISTRATION FORM FOR TERMS & CONDITIONS

READY FOR THE TRIP OF A LIFETIME?

Signing up is easy. Call us at 1-877-616-8747 and reserve your spot. Or simply fill out this Registration Form and mail to Knowmad Adventures, PO Box 50572, Minneapolis, Mn 55405. We'll then send you a Liability Release and Payment Form with instructions for the deposit. We thank you and look forward to traveling together.



REGISTRATION FORM

If you're more than 2 travelers, download additional forms at www.KnowmadAdventures.com/contact.html. Please print clearly in blue or black pen.

TRIP NAME _____ START DATE _____

TRAVELER ONE

NAME (as it appears on passport) _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

GENDER male female BIRTHDAY (mm/dd/yyyy) _____

CITIZENSHIP _____

PASSPORT NO. _____ EXPIRATION DATE _____

OCCUPATION _____

MEDICAL CONDITIONS _____

ALLERGIES _____

DIETARY RESTRICTIONS _____

EMERGENCY CONTACT _____ PHONE _____

TRAVELER TWO

NAME (as it appears on passport) _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

GENDER male female BIRTHDAY (mm/dd/yyyy) _____

CITIZENSHIP _____

PASSPORT NO. _____ EXPIRATION DATE _____

OCCUPATION _____

MEDICAL CONDITIONS _____

ALLERGIES _____

DIETARY RESTRICTIONS _____

EMERGENCY CONTACT _____ PHONE _____

ACCOMMODATION INFO

I will share accommodations with _____ We prefer 2 twin beds 1 bed

I am a single traveler yes no If available, assign me a roommate yes no