



It is customary to begin the Friday night meal and the two meals eaten during the Jewish sabbath (shabbat) with a blessing over two loaves of bread known as challah. These loaves are often covered with a specially embroidered cloth known as a challah cover.



*By Debresser*

Matzoh is an unleavened bread made of plain flour and water. The dough is pricked in several places and not allowed to rise before or during baking, thereby producing a hard flatbread. During the Jewish holiday of Passover, eating matzoh on the night of the special Passover meal (the seder) is considered a commandment (mitzvah). The festival of Passover commemorates the exodus of the Israelites from slavery in Egypt, when they had to leave in such a hurry they did not have time to let their bread rise.



*By Patnac*

Unleavened disks of bread, known as host wafers and used in the Catholic Mass



*By Dr. Gregory S. Neal*

Different groups of Christians will use either leavened (i.e. bread that contains yeast and is allowed to rise) or unleavened bread for communion. Here a priest is blessing a leavened loaf.