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Certain ways to reduce your carbon footprint would be to turn off the lights when leaving a room, instal CFL lights , take short showers and turn off the water while lathering, unplug appliance when not in use even if they are turned off, walk to nearby locations instead of using a car, use a water filter instead of buying bottled water, recycle your electronics and eat less meat. Also you could set the thermostat to 78°F, pay as many bills as you can on-line to reduce paper usage, use green cleaning products and use cloth napkins instead of paper.